The Academic Success Center

is pleased to offer the spring semester 2012
Study Skill Seminars

Monday, January 23rd	Time Management: How to Balance Life's Demands
Monday, January 30st	Textbook Reading: Understanding Made Easier
Monday, February 6th	Note-taking: Less is More
Monday, February 13th	What does Wellness have to do with it? Explore the impact wellness has on learning
Monday, February 20th	Objective Test-Taking: Tips for Success
Monday, February 27th	Concentration: Focus for Success

Location: C-203 (ITV to all Regional Learning Centers)
Time: 12:25-1:20 (Open Hour)

All workshops are free to Western students.