

# **Tobacco Dependence Treatment: A Resource Guide (Mauston Campus)**

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**Nicotine Replacement Therapy, combined with some form of social support or coaching can double, triple, or even quadruple your chances of quitting.**

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**For additional information on local resources, please contact**

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## **Wisconsin Quit Line –** **Social Support**

### **Who?**

Wisconsin Quit Line (1-800-784-8669)  
University of Wisconsin Center for Tobacco Research & Intervention

### **What?**

The Wisconsin Quit Line offers a variety of services, including:

- Free telephone coaching for Wisconsin tobacco users who want to quit. Coaches will help with quit attempt planning, strategies for coping with urges, stress, and obtaining social support.
- Follow-up calls initiated by a Quit Line coach.
- Referrals to local tobacco treatment programs and services.
- Information for friends, family and others concerned about a tobacco user.

The Wisconsin Quit Line does not prescribe medications.

### **How?**

Call 1-800-784-8669 – Quit coaches are standing by 7a – 11p daily.  
Beyond those hours, callers can leave a message and expect a return call within 48 hours.

### **How much does it cost?**

FREE to all Wisconsin residents

### **Is there financial assistance available?**

N/A

## **Wisconsin Quit Line Fax to Quit – Social Support**

### **Who?**

Wisconsin Quit Line (1-800-784-8669)  
University of Wisconsin Center for Tobacco Research & Intervention

### **What?**

The Fax to Quit program gives the tobacco users the option of having a quit coach contact them to provide an individualized quitting intervention. Tobacco users no longer have to take the first step in calling the Quit Line.

The Quit Line offers a variety of services, including:

- Free telephone coaching for Wisconsin tobacco users who want to quit. Coaches will help with quit attempt planning, strategies for coping with urges, stress, and obtaining social support.
- Follow-up calls initiated by a Quit Line coach.
- Referrals to local tobacco treatment programs and services.
- Information for friends, family and others concerned about a tobacco user.

### **How?**

- If you want to have a quit coach contact you directly, a Fax to Quit form can be filled out (Forms can be obtained by contacting Student Development Office, the Wellness Center, or the Counselors in the Welcome Center).
- Once the form has been faxed, a Wisconsin Quit Line coach will contact you within three days to talk with you about the quitting process, explain more about Quit Line services, and help you develop a personalized quit plan.

### **How much does it cost?**

FREE to all Wisconsin residents

### **Is there financial assistance available?**

N/A

**Counseling Services at Western Technical College –**  
**Social Support**

**Who?**

Counseling Services at Western Technical College  
1000 College Avenue  
Mauston, WI 53948  
608-847-7364

**What?**

A student will receive assistance in finding tobacco dependence resources from the Western Counselors.

**How?**

Call 608-847-7364 to make an appointment.

**How much does it cost?**

FREE for all Western students

**Is there financial assistance available?**

N/A

## **UW-La Crosse Student Health Center –** **Social Support**

### **Who?**

UW-La Crosse Student Health Center  
Suite 1030  
1300 Badger Street  
La Crosse, WI 54601  
608-785-8558  
[www.uwlax.edu/studenthealth](http://www.uwlax.edu/studenthealth)

### **What?**

A patient will receive an individual assessment and a brief counseling session by a medical professional. Nicotine replacement therapy is available. Please see page 7.

### **How?**

Call 608-785-8558 or stop by the Health Center to make an appointment.

### **How much does it cost?**

- If you are carrying 6 or more credits at Western Technical College, each visit to see a medical professional at the Health Center will cost \$10.
- If you are carrying less than 6 credits at Western Technical College, you will need to pay the \$100 Student Health fee, each visit to see a medical professional at the Health Center will cost \$10. For more information about the \$100 Student Health fee, please contact Student Development Office via phone 608-785-9445.

### **Is there financial assistance available?**

N/A

## **Hess Memorial Hospital: Mile Bluff Medical Center – Social Support**

### **Who?**

Hess Memorial Hospital: Mile Bluff Medical Center  
1050 Division Street  
Mauston, WI 53948  
608-847-1845  
[www.milebluff.com](http://www.milebluff.com)

### **What?**

One-on-one counseling sessions are available to help anyone quit smoking. This would include one weekly session for four weeks and can be completed in person or over the phone. Group cessation sessions are also available.

### **How?**

Call 608-847-1845 to make an appointment.

### **How much does it cost?**

Individual counseling, group counseling, and phone counseling is available. Please call for fees.

### **Is there financial assistance available?**

Individual sessions may be covered by Medicare Part B.

**Juneau County: First Breath Program –  
Social Support**

**Who?**

Juneau County Health Department  
220 East State Street, #104  
Mauston, WI 53948  
(608) 847-9373

Renewal Unlimited, Inc.  
2900 Red Fox Run  
Portage, WI 53901  
(608) 742-5329

[http://www.wwhf.org/pg\\_firstbreath.asp](http://www.wwhf.org/pg_firstbreath.asp)

**What?**

A patient will receive non-judgmental smoking cessation counseling at every prenatal and postpartum appointment.

**How?**

Call 608-847-9373 or stop by the Health Department to make an appointment.

**How much does it cost?**

Free to pregnant women

**Is there financial assistance available?**

N/A

**Wisconsin Quit Line –**  
**Nicotine Replacement Therapy**

**Who?**

Wisconsin Quit Line (1-800-784-8669)  
University of Wisconsin Center for Tobacco Research & Intervention

**What?**

Wisconsin residents who call the Quit Line for coaching can obtain a free two-week starter kit of quit-smoking medications that will be mailed directly to their homes, either nicotine patches, gum or lozenges.

**How?**

Call 1-800-784-8669 – Quit coaches are standing by 7a – 11p daily.  
Beyond those hours, callers can leave a message and expect a return call within 48 hours.

**How much does it cost?**

FREE to all Wisconsin residents

**Is there financial assistance available?**

N/A

## **UW-La Crosse Student Health Center –** **Nicotine Replacement Therapy**

### **Who?**

UW-La Crosse Student Health Center  
Suite 1030  
1300 Badger Street  
La Crosse, WI 54601  
608-785-8558  
[www.uwlax.edu/studenthealth](http://www.uwlax.edu/studenthealth)

### **What?**

The medical professionals at the Student Health Center can prescribe the nicotine replacement medication Burpropion.

### **How?**

Call 608-785-8558 or stop by the Student Health Center to make an appointment with a medical professional.

### **How much does it cost?**

- If you are carrying 6 or more credits at Western Technical College, each visit to see a medical professional at the Student Health Center will cost \$10. The medication Burpropion will cost around \$1 a day at the Health Center Pharmacy.
- If you are carrying less than 6 credits at Western Technical College and have paid the \$100 Student Health fee, each visit to see a medical professional at the Health Center will cost \$10. For more information about the \$100 Student Health fee, please contact Student Development Office located in Kumm 100. The medication Burpropion will cost around \$1 a day at the Health Center Pharmacy.

### **Is there financial assistance available?**

The Student Health Center can assist students in enrolling into patient assistance programs. See pages 9-12 for additional information.

Prescriptions can also be taken to a local pharmacy instead of the Health Center so that the medications can be covered by Medicaid, BadgerCare, or SeniorCare. See page 8 for additional information.

## **Medicaid, BadgerCare, and SeniorCare Benefits - Nicotine Replacement Therapy**

### **Who?**

State of Wisconsin Medicaid, BadgerCare, and SeniorCare Benefit programs  
1-800-362-3002  
[www.dhfs.wisconsin.gov/medicaid](http://www.dhfs.wisconsin.gov/medicaid)

### **What?**

The State of Wisconsin Medicaid, BadgerCare, and SeniorCare Benefit program will pay for a doctor's visit for the sole purpose of tobacco dependence treatment. It does not require prior authorization for reimbursement.

Medicaid, BadgerCare, and SeniorCare Benefit programs cover the cost of the following nicotine replacement therapy:

- Bupropion (Zyban)
- Chantix
- Inhaler, nasal spray, and patch (legend nicotine patch)
- Combination therapy (more than one medication at one time)

Repeated courses of tobacco dependence treatment are allowed.

Group therapy, telephone and web-based counseling are not covered.

### **How?**

Make an appointment with any Medicaid-certified Wisconsin physician, nurse practitioner, physician assistant, or other staff who is under the direct on-site supervision of a physician.

Get a prescription.

Go to your local pharmacy and receive medications.

### **How much does it cost?**

FREE or co-payment may apply

### **Is there financial assistance available?**

N/A

**Connection to Care (Patient Assistance Program) -  
Nicotine Replacement Therapy**

**Who?**

Connection to Care Program (Pfizer)

1-866-776-3700

<http://pfizerhelpfulanswers.com/>

**What?**

This program offers discounts on Chantix, Nicotrol Inhaler, and Nasal Spray. In some cases, medications are free.

**How?**

- You must be an uninsured U.S. resident.
- Talk to your doctor about completing an application together.
- If approved, Pfizer will ship a three-month supply of medications to your doctor's office for pickup in three weeks. You must apply for each refill.

**How much does it cost?**

Savings vary by medication and location.

**Is there financial assistance available?**

N/A

**Bridges to Access (Patient Assistance Program) -**  
**Nicotine Replacement Therapy**

**Who?**

Bridges to Access Program (GlaxoSmithKline)

1-866-728-4368

[www.bridgestoaccess.gsk.com](http://www.bridgestoaccess.gsk.com)

**What?**

This program may help to cover the cost of Zyban and Bupropion.

**How?**

- You must be a U.S. resident without prescription drug benefits. Your household income must be: \$19,599 or less if you are single; \$26,400 or less if you live with one other person; \$33,200 for a family of three; \$39,996 for a family of four.
- Talk to your doctor about completing an application together.
- If approved, you may pick up your medications at a local drug store. You will get a supply to last you two months. Your doctor can sign you up for one refill to last three additional months. Every year, you must submit a new form and call a hotline to receive more medication.

**How much does it cost?**

Savings vary by medication and location.

**Is there financial assistance available?**

N/A

**Together RX Access (Patient Assistance Program) -**  
**Nicotine Replacement Therapy**

**Who?**

Together RX Access  
1-800-444-4106  
[www.togetherrxaccess.com](http://www.togetherrxaccess.com)

**What?**

This program offers savings on the Nicotine Inhaler and Nicotine Nasal Spray (Nicotrol) as well as Varenicline (Chantix).

**How?**

- This program is for legal U.S. residents with no health insurance and who are not eligible for Medicare. You must have a household income equal or less than: \$30,000 for a single person; \$40,000 for a family of two; \$50,000 for a family of three; \$60,000 for a family of four; \$70,000 for a family of five.
- You may enroll by mail or through the Together RX Access website.

**How much does it cost?**

Savings vary by medication and location.

**Is there financial assistance available?**

N/A

**Partnership for Prescription Assistance**  
**(Patient Assistance Program) -**  
**Nicotine Replacement Therapy**

**Who?**

Partnership for Prescription Assistance  
1-800-4PPA-NOW  
[www.pparx.org](http://www.pparx.org)

**What?**

This program will help you learn whether you're eligible for help to pay for prescription medications.

In a few minutes, Partnership for Prescription Assistance will help you determine if you're eligible for programs like Connection to Care, Bridges to Access, Together RX Access and more.

**How much does it cost?**

FREE

**Is there financial assistance available?**

N/A