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# **CHILDCARE**

- La Crosse YMCA
  - O Emergency childcare for school-aged-children
    - Complete the survey or call (608) 784-4519 if you need immediate/emergency childcare
- YWCA La Crosse
  - Childcare Center and supportive houses (Ruth House, Ophelia's House) are open, recognizing the need for school-aged care. Main location is closed to walk-ins.
     CASA for Kids one-on-one visits have been suspended except in emergencies or high concern situations. Restorative Justice programming has moved online for students who are undergoing circle keeper training and need support
    - If you need care for school-aged-children contact Karen at kknox@ywcalac.org or call (608) 785-9541
- Family and Children's Center
  - The FCC Center remains open and continues to provide services, but the building is closed to the public. Meetings with clients are being done via video or phone call
  - o Programs and services include:
    - MN/WI Treatment Foster Care
    - Independent Living
    - Domestic Abuse Program
    - Community Support Program-Reduced services
- The Parenting Place
  - Offices are closed, but staff continues to provide support and education to child care providers and parents by phone and video conferencing. Supervised visits and exchanges will continue with altered protocols
  - o Programming Updates:
    - All *Parent Connection* groups (La Crosse, Sparta, Tomah) will resume their normal schedule via an online format
    - Parent Educators available Mon-Fri 10 AM to 4 PM at (608) 784-8125
    - Diaper Bank Operations
      - La Crosse
        - Email diapers@theparentingplace.net or text (608) 782-3923 to request the sizes you need
        - Pick up diapers Thursday's from 11 AM to 2 PM at the front entrance of 1500 Green Bay Street – wait for a confirmation before picking up the diapers
      - Sparta and Tomah
        - Email canderson@spartan.org to request the sizes you need and set up a time to pick up outside of their offices
        - o Sparta: 900 E. Montgomery St.
        - o Tomah: Gloria Dei Church, 310 W Elizabeth St.

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## **DISPLACED WORKERS**

- 211
  - o Dial 212 or text zip code to 898211
- Minnesota Unemployment Insurance
  - o Apply for unemployment insurance benefits online or by phone
    - Online: Sunday-Friday from 6 AM to 8 PM
    - Phone: 1-877-898-9090
      - Application help is available on Friday from 8 AM to 4:30 PM
  - o *Federal Pandemic Unemployment Compensation*: \$600/week additional payments for people receiving regular or extended unemployment benefits
  - Pandemic Extended Unemployment Compensation: A 13-week extension of unemployment benefits for workers who have exhausted their regular unemployment benefits
  - Pandemic Unemployment Assistance program: provides weekly benefit payments for those who are not eligible for regular or extended unemployment benefits in Minnesota or any other state
- Wisconsin Unemployment Insurance
  - o If you are unemployed and you have worked for a covered employer in the last 18 months- please apply for **Regular Unemployment Insurance** at https://dwd.wisconsin.gov/uiben/apply
  - o If you are filing because of the CARES Act, apply for Pandemic Unemployment Assistance (PUA) online at https://dwd.wisconsin.gov/uiben/pua
- Western Career Services
  - Helps current students and alumni with resumes, interviews, and job search strategies
    - To make an appointment email careerservices@westerntc.edu or call (608) 785-9440
- Workforce Connections
  - Offering virtual informational sessions, next event August 14<sup>th</sup> at 10 AM, link and announcements posted on their website and Facebook page
    - Individuals seeking services should complete the Request Services form or call 1-800-742-5627

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# **RENT AND UTILITIES**

- AcenTek
  - o Lobby closed through end of August, still available to serve you
  - o Pay your bill online, leaving payment in drop box at office, or call (888) 404-4940
- Catholic Charities
  - Disability Services Program: services to adults and students reopened their program June 1<sup>st</sup>
  - o **Driftless Pass School:** reopened their summer school program June 12<sup>th</sup>
    - Phone intakes and appointments for all types of assistance contact Toni at (608) 519-8014 or Nick at (608) 519-8041
- Couleecap
  - Oculeecap's COVID-19 Financial Assistance Program supports workers at risk of falling behind on critical bills because of unemployment or significant loss of work. Assistance may be given for rent, car payments, prescription or healthcare costs, utility bills and other important expenses. Additional services available here
    - To learn more about eligibility and applying: here
- Keep Americans Connected Pledge
  - Ensures Americans don't lose their broadband or telephone connectivity as a result of current circumstances
- La Crosse Public Library
  - o Wi-Fi available 5 AM to 11 PM at all three locations
- Public Wi-Fi
  - o Mapping tool to help Wisconsin residents locate the nearest public Wi-Fi
- Vernon Communications Cooperative
  - Has enabled Wi-Fi hotspots that are intended for essential communication, schoolwork, and residents to stay informed. Need to be within 100 feet of the building for it to work
- Xcel Energy
  - Will not be disconnecting service to any customer. If customers are having a difficult time paying their bill, contact Xcel to arrange a payment plan

# **HOUSING**

- Families First of Monroe County: (608) 374-4141
- La Crosse Collaborative to End Homelessness: (608) 519-8009
- Independent Living Resources Homeless Outreach Referral: (608) 787-1111

#### **TRANSPORTATION**

- Couleecap Work-N-Wheels Program
  - Provides zero interest auto loans to qualified low-income households. Participants
    must be currently employed and need a personal vehicle to get to and from their
    place of employment. Participants must agree to participate in Wisconsin
    Rideshare when possible. Serves Crawford, La Crosse, Monroe, and Vernon
    counties
    - Form to apply: here

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## **FOOD**

- Cavalier Cupboard
  - Pre-packaged snack bags, non-perishable bags, diapers, and personal hygiene items – offers some perishable items
  - o Fall Hours NEW beginning Sept. 8<sup>th</sup>
    - Mon/Tues: 9 AM 12 PM, Wed 3 PM 5 PM, Thur 11 AM 1 PM
- Couleecap
  - Located at 217 N. Black River Street in Sparta, WI
  - $\circ$  Hours: Mon Thur 10 AM 3 PM
  - o Continuing to provide curbside, no-contact service
- Wisconsin Infants and Children (WIC)
  - o Parents with children under 5 years old may qualify (608) 785-9865
- From the Heart Food Pantry Trinity Lutheran Church
  - o Hours: Tue/Wed 9:30 AM − 2 PM, Thur 2 PM − 7 PM, Last Sunday of the month 12:30 PM − 3:30 PM
  - o If you are having a food emergency, call (608) 782-6200, they will work with you to get food for your family
- Holmen Area/St. Elizabeth's Food Pantry
  - o All in need are welcome to "shop" the pantry which is open during church hours
  - o For more information, contact the church office at office@holmenluth.org
- Holmen Lutheran Church Food Pantry
  - o Monday Friday 8 AM 5 PM, (608) 526-3621
- La Crescent Food Shelf
  - o New Location at 436 South 6th St., La Crescent, (507) 895-1115
  - o Hours: Wed 2 PM − 5 PM, second Saturday of each month 9 AM − 12 PM
- Mobile Meals
  - o Delivery Hours: Sat/Sun 11 AM 12 PM & Mon-Fri 9 AM 1 PM
  - o To determine eligibility, contact (608) 785-5700 or (800) 500-3910
- Onalaska Schools Food Pantry
  - O Distributions are held on the first full school Friday of each month at Irving Pertzsch Elementary 2:15 PM 3:15 PM, wickjo@charter.net
- First Free Church
  - Located at 123 Mason Street Onalaska WI, 54650, (608) 782-6022 or info@firstfree.org to make an appointment
  - o Hours: Tuesday 10:15 AM 2:15 PM
- Onalaska/Holmen Emergency Food Basket
  - o Located at the Onalaska American Legion parking lot
  - o Hours: Mon 3:30 PM 5:30 PM, TWTH 9 AM 11 AM, Wed 2 PM 4 PM
- Wafer
  - o New income guidelines effective June 1<sup>st</sup>, (608) 782-6003
- Stoddard Area Food Pantry
  - o Open on the first, second and third Tuesdays of each month 2:30 PM 5:30 PM
- West Salem Care and Share Food Pantry
  - o Located at Our Savior's available on Saturdays from 10 AM 12 PM
  - o Recipients will need to bring with two forms of identification

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## **HEALTH**

- Student Health Center
  - o No walk ins, to make an appointment call (608) 785-8558
- St. Clare Health Mission
  - o In-person appointments: imaging, labs, tests, treatments
- Neighborhood Family Clinic
  - La Crosse hours: Mon Fri 7 AM 6 PM, Sat 7 AM 1 PM
  - Onalaska hours: Mon Fri 8 AM 4 PM
  - Sparta hours: Mon Wed 8 AM 1 PM, Tue/Thur 8 AM 4 PM
  - o Not taking walk-in visits, call ahead to be screened
- Family Health La Clinica Community Health Center
  - o Offering medical/behavior health remote access visits: 1-800-942-5330

## **MISCELLANEOUS**

- Boy Scouts
  - Office remains open, working on programming to scout families
- Cia Siab, Inc.
  - Office staffed during 9 AM 5 PM, providing support through telecommunications, Google Hangouts, and Zoom
- Coulee Recovery Center
  - Only open for some meetings and will close immediately after the meeting. If you need help and want to talk with a Recovery Coach, contact (608) 784-4177
- Independent Living Resources
  - o Providing support via phone/email
- New Horizons
  - o Resource Advocate: (608) 386-1142
  - o DART (Domestic Abuse Reduction Team): (608) 799-9342
  - La Crosse County Crisis Number: (608) 791-2600/1-888-231-0066 or text (608) 386-1142
  - o Trempealeau County Crisis Number 1-800-706-8586 or text (608) 386-6043
- The Salvation Army: (608) 782-6126
- The Veterans Service Office: (608) 785-9719 or laxveterans@lacrossecounty.org
- Aunt Bertha
  - Examples of assistance: utilities, emergency food, food delivery, temporary shelter, housing vouchers, etc.

All items in blue are hyper-linked and clickable.