

Educational Resources

- **Learner Support Center—Western Technical College**
Room ARC122 • 400 7th St. North, La Crosse, WI • 608.785.9198
- **Learner Support and Transition • GED**
400 7th St. North, La Crosse, WI • 608.785.9535
- **Math Center—Western Technical College**
Room ARC 220 • 608.785.9535
- **Western Foundation**
<http://www.westerntc.edu/foundation> • (Western students only)
- **UW-L Self-Sufficiency Program**
4306 Centennial Hall La Crosse, WI • 608.785.8733
- **Couleecap Skills Enhancement Program** • 608.782.4877

Veteran Services

- **VA River Valley Outpatient Clinic**
2600 State Road, La Crosse, WI 54601 • 608.784.3886
- **La Crosse Veterans Services Office**
400 4th St. North, La Crosse, WI 54601 • 608.785.9719
- **American Legion**
711 6th St. South, La Crosse, WI 54601 • 608.782.3232
- **Veteran Services—Western Technical College** Room R202
400 7th St. North, La Crosse, WI 54601 • 608.785.9436
- **Veteran Services and Center—UWL**
116 Graff, Main Hall, La Crosse, WI 54601 • 608.785.8631
- **Vet Center (Readjustment Counseling Services)**
20 Copeland Ave., La Crosse, WI 54601 • 608.782.4403
- **Tomah VA Medical Center 800.872.8662**
- **Veteran's Homeless Hotline 877.424.3838**

Housing

- **Couleecap**
700 N. 3rd St., Suite 202B, La Crosse, WI 54601 • 608.782.4877
- **La Crosse County Housing Authority**
615 Plainview Rd, La Crosse, WI 54603 • 608.781.5365
- **New Horizons Women's Center**
PO Box 2031, La Crosse, WI 54602 • 608.791.2610
- **Housing Authority of the City of La Crosse**
1307 Badger St., La Crosse, WI 54601 • 608.782.2264
- **Ruth House**
1515 State St., La Crosse, WI 54601 • 608.782.0706
- **YWCA of the Coulee Region (Transitional Housing Program)**
3219 Commerce St., La Crosse, WI • 608.781.2783
- **Catholic Charities**
413 3rd St. South, La Crosse, WI 54601 • 608.782.0710
- **Warming Center**
413 3rd St. South, La Crosse, WI 54601 • 608.782.0710
- **Salvation Army**
223 8th St. N., La Crosse, WI 54601 • 608.782.6126
- **Rent Smart La Crosse (Consumer Credit Counseling)**
505 King St., Suite 212, La Crosse, WI • 608.784.8380

- **La Crosse County Energy Assistance**
300 4th St. North, La Crosse, WI 54601 • 608.784.4357
- **WI Emergency Housing & Energy Assistance**
608.784.4357
- **Tenant Resource Center**
Madison, WI • 1-877.238.7368

Clothing

- **Catholic Charities Clothing Closet**
413 3rd St. South, La Crosse, WI 54601 • 608.782.0710
- **Our Savior's Lutheran Church Women's Clothes Closet**
612 Division St., La Crosse, WI 54601 • 608.782.3468
- **Trinity Lutheran Church Children's Clothes Closet**
1010 Sill St. La Crosse, WI 54603 • 608.782.6200
- **TLC Community Donation and Support Center**
2615 George St., La Crosse, WI 54603 • 608.781.9111
- **Compassion Connections**
Cornerstone Community Church, 130 5th Ave. North, La Crosse, WI 54601 • 608.784.0160 Ext. 1
- **Salvation Army**
223 8th St N, La Crosse, WI 54601 • 608.782.6126
- **Good Steward Resale Shop**
1930 Rose St., La Crosse, WI 54603 • 608.779.9763
- **Goodwill—La Crosse | Goodwill—Onalaska**
3954 Mormon Coulee Road, La Crosse, WI 54601 • 608.783.2710
200 Theater Road, Onalaska, WI 54650 • 608.783.1581
- **Harvest Lane Treasures**
W4910 Harvest Ln., La Crosse, WI 54601 • 608.796.0977

Legal

- **Mediation and Family Court Services**
333 Vine St., La Crosse, WI 54601 Room 1300 • 608.785.6162
- **La Crosse County Child Support Agency**
400 4th St. N., La Crosse, WI 54601 • 608.785.9564
- **Catholic Charities—Immigration Counseling Services**
413 3rd St. South, La Crosse, WI 54601 • 608.782.0710
- **Legal Action of Wisconsin**
205 5th Ave. So. Suite 300 • 608.785.2809
- **La Crosse County Bar Association**
Free legal clinic 3rd Wednesday of every month • 6-7:30 pm
First Baptist Church • 1209 Main St., La Crosse, WI 54601
- **Clerk of Courts**
333 Vine St., La Crosse, WI 54601 • 608.785.9590

Transportation

- **La Crosse County Rural Transit** To request a ride call 866.666.2561 (Please note if a wheelchair accessible van is needed.)
- **Ride Share** To request a ride call 608.784.0000
- **Scenic Mississippi Regional Transit**
For Schedules & Routes call 877.444.6543
- **Couleecap Work-n-Wheels Program**
700 N. 3rd St., Suite 202B, La Crosse, WI 54601 • 608.782.4877
- **La Crosse MTU—Bus Station**
315 3rd St., La Crosse, WI 54601 • 608.789.7350

La Crosse Community RESOURCES

Western
Technical College
THE ESSENTIAL EXPERIENCE

Food Resources/Free Community Meal

- **Couleecap Emergency Food Assistance Program**
700 N 3rd St., Ste. 202B • 608.782.4877
- **Catholic Charities**
413 3rd St. South, La Crosse, WI 54601 • 608.782.0710
- **WAFER Food Pantry**
403 Causeway Boulevard, La Crosse, WI 54603 • 608.782.6003
- **Onalaska Emergency Food Basket**
735 Sand Lake Rd, Onalaska, WI 54650 • 608.783.7722
- **Kane Street Community Garden** (open March 1–Oct. 1)
Corner of Kane & St. Cloud Streets • 608.793.1002 for more info
- **La Crosse County Health Department (WIC & Food Share)**
300 4th St. N., 2nd Floor, La Crosse, WI 54601 • 608.785.9872
- **First Evangelical Free Church Food Pantry**
123 Mason St., Onalaska, WI 54650 • 608.782.6022 *by appt.*
- **The Cavalier Cupboard—Western Technical College**
2nd floor of the Integrated Technology Center • (Western students only) • westerntc.edu/food-pantry
- **A Place of Grace Catholic Worker House**
919 Hood St., La Crosse, WI 54601 • 608.782.6224
- **Our Savior's Lutheran Church**
612 Division St., La Crosse, WI 54601 • 608.782.3468
Meals are served at 5:00 p.m. every Tuesday
- **Salvation Army Thrift Store**
223 8th St N, La Crosse, WI 54601 • 608.784.1421 or
main number 608.782.6126 for vouchers, shelter
- **The RAVE Center**
1806 State St., La Crosse, WI 54601 • 608.785.9615
- **Trinity Lutheran Church**
1010 Sill St., La Crosse, WI 54603 • *Pantry:* 608.782.6200

Parenting Resources

• The Parenting Place

1500 Green Bay St., La Crosse, WI 54601 • 608.784.8125

• WIC and Child Care Assistance

La Crosse Cty. Economic Support • 608.785.9865 • 888.627.0430

• Gundersen Health System Parent Education Line

1900 South Ave., La Crosse, WI 54601
parenting classes Tuesdays 6pm–7pm • 608.775.4419

• Mayo Clinic periodic classes & events

212 11th St., La Crosse, WI 54601 • 608.392.9555

• Heart to Heart Healing, LLC parenting classes & support group

1288 Rudy St., Suite 105, Onalaska, WI • 608.780.7422

• Human Services—La Crosse County (including Reality Check)

300 4th St. N., La Crosse, WI • 608.784.4357 for multiple services

Diversity/Multicultural Resources

• La Crosse Hmoob Cultural and Community Agency

1815 Ward Ave., La Crosse, WI 54601 • 608.781.5744

• Western Technical College Multicultural Services

Academic Resource Center R232 • 608.789.6270

• Three Rivers House—Ho Chunk Nation

724 Main St., La Crosse WI • 608.796.1550

• Ho Chunk Nation Behavioral Health

6520 North Lumberjack Guy Rd., Black River Falls, WI 54615
715.284.9851, ext. 5014

• 7 Rivers LGBTQ Connection

230 Sixth St. South, La Crosse, WI 54601 • 608.784.0452

Behavioral Health/Counseling

• Great Rivers 211

PO Box 426, Onalaska, WI 54650 • 608.775.4344

• Heart Journey

205 5th Ave. S. Suite 308, La Crosse, WI • 608.785.0011

• Garrison Counseling

319 Main St. Suite 510, La Crosse, WI • 608.796.1114

• La Crosse County Behavioral Assessment Triage

300 N. 4th St., La Crosse, WI 54601 • 608.784.4357 • Wednesdays 7 a.m.

• La Crosse County Integrated Support and Recovery

300 4th St. North, La Crosse, WI 54601 • 608.784.4357

• Family and Children's Center

1707 Main St., La Crosse, WI 54601 • 608.785.0001

• Hiawatha Valley Mental Health Center

319 Main St. #302, La Crosse, WI 54601 • 608.796.1168

• Mayo Clinic—Safe Path & Domestic Abuse/Sexual Assault

800 West Ave. South, La Crosse, WI 54601 • 608.392.7804 OR
800.362.5454 ext. 7804

• Gundersen—Domestic Abuse/Sexual Assault Program

1900 South Ave., La Crosse, WI 54601 • 608.775.5950 or
800.362.9567 ext. 55950

• New Horizons Shelter & Women's Center

1223 Main St., La Crosse, WI 54601 • 608.791.2610
Crisis number 888.231.0066

• Independent Living Resources

4439 Mormon Coulee Rd, La Crosse, WI 54601 • 608.787.1111

• Attic Corrections

811 Rose St., La Crosse, WI 54601 • 608.784.3366

• Western Technical College Counseling Services

400 7th St. N., La Crosse, WI 54601 • 608.785.9200 *(Western students only)*

Substance Abuse /Support Groups

• Coulee Council on Addictions

921 West Ave. South, La Crosse, WI 54601 • 608.784.4177

• NA (Narcotics Anonymous)

Website www.wisconsinna.org

• AA (Alcoholics Anonymous)

Website www.aa.org

• The RAVE Center

1806 State St., La Crosse, WI 54601 • 608.785.9615

• Gundersen (Chemical Dependency Residential Treatment Center)

Intake 608.775.8689 • Men 608.775.4753 • Women 608.775.4718

• Mayo Clinic Health System Healthcare

700 West Ave. S, La Crosse, WI 54601 • 608.785.0940

• AMS of Wisconsin

9532 East 16 Frontage, Suite 100 Onalaska • 608.783.0506

• Driftless Recovery

444 Main St., La Crosse, WI 54601 • 608.519.5906

• La Crosse Collegiate Recovery Program

E-mail for information recovery@uwlax.edu

Financial/Economic Support

• Consumer Credit Counseling Services

505 King St., Suite 212, La Crosse, WI 54601 • 608.784.8380

• Catholic Charities Emergency Services/Credit Counseling

413 3rd St. South, La Crosse, WI 54601 • (608) 782- 0710

• Couleecap SOAR (Social Security Outreach Access & Recovery)

700 N 3rd St., Suite 202B, La Crosse, WI • 608.782.4877

• Salvation Army

223 8th St. N, La Crosse, WI 54601 • 608.782.6126

• La Crosse County (WI Home Energy Assistance Program)

300 4th St. N., La Crosse, WI 54601 • 608.784.4357

• La Crosse County Economic Support

(Food Share, WIC, healthcare, Child Care Assistance)
300 4th St. N., La Crosse, WI 54601 • 888.627.0430

• Workforce Connections W-2/WIOA

2615 East Ave. South, La Crosse, WI 54601 • 608.789.5627
Safe-Link Wireless Phone Assistance 800.977.3768

Employment

• Job Center of Wisconsin

2615 East Ave. S., La Crosse, WI 54601 • 608.789.5627

• Olsten Staffing Services

1202 State St., Suite B, La Crosse, WI 54601 • 608.782.1100

• Express Employment Professionals

2240 Rose St., La Crosse, WI 54601 • 608.779.4252

• ABR Employment Services

(Village Shop) 1501 Losey Blvd., La Crosse, WI 54601 • 608.782.9700
(LHI Office) 328 Front St. So., La Crosse, WI 54601 • 608.784.0760

• People Ready

1107 Liberty St., La Crosse, WI 54601 • 608.782.0452

• Manpower Group

9348 Hwy. 16, Suite 106, Onalaska, WI 54650 • 608.781.8899

• Remedy Intelligent Staffing

1288 Rudy St., Suite 106, Onalaska, WI 54650 • 608.783.1652

• WI Unemployment Insurance

For information call 1.800.822.5246 • dwd.wisconsin.gov/uiben/

• WI Division of Vocational Rehabilitation (DVR)

2615 East Ave. S., La Crosse, WI 54601 • 608.785.9500

• Western Technical College Career Services

400 7th St. North, La Crosse, WI 54601 • 608.785.9440

• Riverfront 3000 South Ave., La Crosse, WI 54601 • 608.784.9450

• YWCA Employment Readiness & Training Program

3219 Commerce St., La Crosse, WI 54601 • 608.781.2783

Medical and Dental

• ACA Health Insurance Marketplace *apply at:*

La Crosse County Human Services • 300 4th St. N., La Crosse, WI
or call 1-800.318.2596

• BadgerCare

La Crosse County Human Services • 300 4th St. N., La Crosse, WI
or call 1-888.627.0430

• WI Forward Health

Online listing of area dentists & specialists accepting Badgercare
patients • dhs.wisconsin.gov/forwardhealth

• Gundersen Health System

1900 South Ave., La Crosse, WI 54601 • 608.782.7300

• Mayo Clinic Health System

800 West Ave. South, La Crosse, WI 54601 • 608.785.0940

• Scenic Bluffs Community Health Center

238 Front St., Cashton, WI 54619 • 608.654.5100

• Student Health Center *(Western students only)*

1300 Badger St., La Crosse, WI 54601 • 608.785.8558

• Essential Health Clinic

1201 Caledonia St., La Crosse, WI 54603 • 608.775.8390

• St. Clare Health Mission

916 Ferry St., La Crosse, WI 54601 • 608.392.9544

• Public Health Nursing

300 4th St N., 2nd Floor, La Crosse, WI 54601 • 608.785.9723

• Prescription Drug Assistance Programs

Web Address <https://www.dhs.wisconsin.gov/guide/freeprescr.htm>

• Neighborhood Family Clinics

1526 Rose St., La Crosse, WI 54603 • 608.781.9880

• WI Dental Association, Inc. • Executive Office

6737 W. Washington St., Ste 2360, West Allis, WI 53214 • 414.276.4520