Program Specifications – NURSING - ASSOCIATE DEGREE

Function Number	Essential Functions NURSING – ASSOCIATE DEGREE					
1	Articulate the roles and relationships of nurses to the public and other health care providers.					
2	Collaborate with the client and family, nurses, and members of other health team disciplines to plan, implement and evaluate health care activities for clients and their families during the preventative, maintenance, restorative, and terminal phases of health care.					
3	Utilize the nursing process (assess, plan, implement, evaluate) in the execution of general nursing procedures in the maintenance of health, prevention of illness or care of the ill.					
4	Delegate nursing care activities that are commensurate with the educational preparation and demonstrated abilities of the person supervised and within legal and ethical parameters of the nurse practice act.					
5	Supervise and evaluate the provision of nursing care by licensed and unlicensed personnel.					
6	Therapeutically respond to verbal, emotional, and physical cues of clients from a variety of social, emotional, cultural and intellectual backgrounds.					
7	Document nursing care and client/family responses to nursing and medical therapeutics in the legal record utilizing appropriate spelling, grammar and medical terminology.					
8	Interpret emotional and physical assessment data, physician orders, and results of laboratory tests utilizing principles from the behavioral and physical sciences.					
9	Calculate medication dosages and fluid administration rates utilizing the metric system and mathematical concepts of ratios and equations.					
10	Respect values and beliefs of individuals/families from a variety of social, emotional, cultural, and intellectual backgrounds.					
11	Provide personal care for individuals of all ages and sexes.					
12	Assist individuals undergoing life crisis.					
13	Assume responsibility for personal goals, professional development and success.					
14	Make independent nursing decisions.					
15	Carry out nursing responsibilities within a fast paced, dynamic, demanding work environment that may include working varied shifts, weekends and holidays.					
16	Safely and reliably lift, transfer, ambulate, and position clients of all ages, sexes, and body types utilizing principles of body mechanics.					
17	Respond to visual, olfactory, tactile and auditory cues.					

Program Specifications – NURSING - ASSOCIATE DEGREE

Function Number	Essential Functions NURSING – ASSOCIATE DEGREE
18	Handle, label and transport body tissues and fluids.
19	Use germicides and disinfectants.
20	Manipulate instruments, dressings, and equipment in the execution of diagnostic and therapeutic procedures.
21	Perform CPR.
22	Wash hands frequently
23	Palpate body structures.

WESTERN TECHNICAL COLLEGE Health and Public Safety Division

The list of Program Specifications that follows can be referenced to the Function Numbers on the two previous pages. The ability to perform these actions or activities is necessary to complete program lab and clinical functions as well as to work in this field.

Program Specifications – NURSING – ASSOCIATE DEGREE

Physical Factors	YES	NO	Essential Function/s Numbers
Standing			11, 16
Walking	•		16
Sitting	•		1-15, 17-20. 22, 23
Lifting			, , ,
10 lbs.	•		16
20 lbs.	•		16
50 lbs.	•		16
100 lbs.		•	
100 lbs. +		•	
Carrying			
10 lbs.	•		16
20 lbs.	•		16
50 lbs.		•	
100 lbs.		•	
100 lbs. +		•	
Pushing/Pulling			
10 lbs.	•		16, 20
20 lbs.	•		16, 20
50 lbs.	•		16, 20
100 lbs.	•		16, 20
100 lbs. +	•		16, 20
Climbing	•		16, 20
Balancing	•		16, 21
Bending	•		16, 20, 21, 23
Stooping	•		16, 20
Crouching	•		16, 20, 21
Kneeling	•		21
Crawling		•	
Running	•		15

Physical Factors	YES	NO	Essential Function/s Number
Twisting	•		16, 20
Turning	•		16, 20, 21
Jumping		•	
Grasping-Firm/Strong	•		16, 20, 21
Grasping-Light	•		18, 23
Finger Dexterity	•		18-20, 23
Reaching Forward	•		16, 20-22
Reaching Overhead	•		20
Pinching	•		20
Simultaneous use of Hand, wrist, fingers			
(e.g. typing, data entry)	•		7
Coordination	-		
Eye-hand	•		16, 18, 20-21, 23
Eye-hand-foot	•		16
Driving		•	
Vision			
Acuity, Near	•		5, 7, 9, 11, 16-18, 20-21
Acuity, Far	•		17
Depth perception	•		16-18, 20-21, 23
Accommodation	•		16-18, 20-21, 23
Color vision	•		17-18
Field of vision	•		16-17, 20
Face-to-face conversation	•		1-6, 10-12, 17
Verbal conversation			
with others	•		1-6, 10-12, 17
Public speaking	•		1-2
Hear normal conversation	•		2-6, 10-12, 17
Hear telephone conversation	•		2, 8, 12

Program Specifications – NURSING – ASSOCIATE DEGREE

Environmental Factors	YES	NO	Essential Function/s Number
Works indoors	•		ALL
Works outdoors		•	
Exposure to extreme hot or			
cold temp	•		20
Working at unprotected heights		•	
Being around moving			
machinery	•		20
Exposure to marked changes			
in temperature/humidity		•	
Exposure to dust, fumes,			
smoke, gases, odors, mists			
or other irritating particles			
(specify	•		11, 17-20, 22
Exposure to toxic or caustic			
chemicals	•		19
Exposure to excessive noises		•	
Exposure to radiation or			
electrical energy	•		20
Exposure to solvents, grease,			
or oils	•		19
Exposure to slippery or			
uneven walking surfaces	•		16, 19-20
Working in confined spaces	•		ALL
Using computer monitor	•		7, 8
Working with explosives		•	
Exposure to vibration	•		20-21
Exposure to flames or			
burning items		•	
Works around others	•		15
Works alone	•		7-9,13-14,17-18,22,23

Environmental Factors	YES	NO	Essential Function/s Number
Works with others	•		1-6, 10-12, 16, 21
Safety Equipment			
(Required to wear)			
Safety glasses	•		20
Face mask/face shield	•		20
Ear plugs		•	
Hard Hat		•	
Protective Clothing	•		20

WESTERN TECHNICAL COLLEGEHealth and Public Safety DivisionProgram Specifications – NURSING – ASSOCIATE DEGREE

Cognitive/Mental Factors	YES	NO	Essential Function/s Number	Cognitive/Mental Factors	YES	NO	Essential Function/s Number
				Simple skills -			
Reasoning				Comprehend simple			
Deal with abstract and concrete				instructions or notations from a			
variables, define problems,				log book	•		2-3, 13, 20
collect data, establish facts,				Writing			
and draw valid conclusions	•		2-6, 8, 10-15, 17, 20	Complex skills – Prepare			
Interpret instructions furnished				business letters, report summaries			
in oral, written, diagrammatic,				using prescribed form			
or schedule form	•		3, 5, 7-9	at and conforming to all rules			
Deal with problems from				of punctuation, spelling,			
standard situations	•		2-5	grammar, diction and style	•		1, 2, 7
Carry out detailed but				Simple skills – English			
uninvolved written or				sentences containing subject,			
oral instructions	•		2-3	verb and object; names and			
Carry out one or two step				addresses, complete job appli-			
instructions	•		2-3	cation or notations in log book	•		1, 2, 7
Mathematics				Perception			
Complex skills –Business math,				Spatial – ability to comprehend			
algebra, geometry or statistics	•		9	forms in space and understand			
Simple skills – add, subtract,				relationships of plane and solid			
multiply and divide whole				objects; frequently described as			
numbers and fractions,				the ability to "visualize"			
calculate time and simple				objects of two or three dimen-			
measurements	•		9	sions, or to think visually of			
Reading				geometric forms	•		16-17, 20-21, 2
Complex skills - Comprehend				Form – ability to perceive		1	
newspapers, manuals, journals,				pertinent detail in objects or in			
instructions in use and main-				pictorial or graphic material; to make			
tenance of equipment, safety				visual comparisons and discriminations			
rules and procedures				and see slight differences in shapes and			
and drawings	•		2-3, 13, 20	shadings of figures and widths			
5	1 ·	1		and lengths of line			6, 7, 8, 20

Program Specifications – NURSING - ASSOCIATE DEGREE

Cognitive/Mental Factors	YES	NO	
Clerical – ability to perceive			
pertinent detail in verbal or			
tabular material; to observe			
differences in copy, to proof-			
read words and numbers, and			
to avoid perceptual errors in			
arithmetic computation	•		7, 8, 9, 20
Data			1 1 0 10
Synthesizing	•		1-4, 8, 12
Coordinating	•		2-5
Analyzing	•		2-3, 8, 14, 17
Compiling	•		4-5,7
Computing	•		9
Copying	•		7
Comparing	•		3-5, 8, 17, 20, 23
Personal traits			
Ability to comprehend and			
follow instructions	•		2
Ability to perform simple and			
repetitive tasks		•	
Ability to maintain a work pace			15
appropriate to a given work load Ability to relate to other people	•		13
beyond giving and receiving			
instructions			2, 4-6, 10-12
Ability to influence people			2-6, 10-12
Ability to perform complex	•		
or varied tasks			11-12, 20

Cognitive/Mental Factors	YES	NO	Essential Function/s Number
Ability to make generalizations, evaluations or decisions without immediate supervision	•		2-5, 13-14
Ability to accept and carry out responsibility for direction, control and planning	•		2-5, 11-12, 14-15

A change in your ability to perform any of the Essential Functions must be reported to the Associate Dean (608-785-9195) or to your instructor immediately.