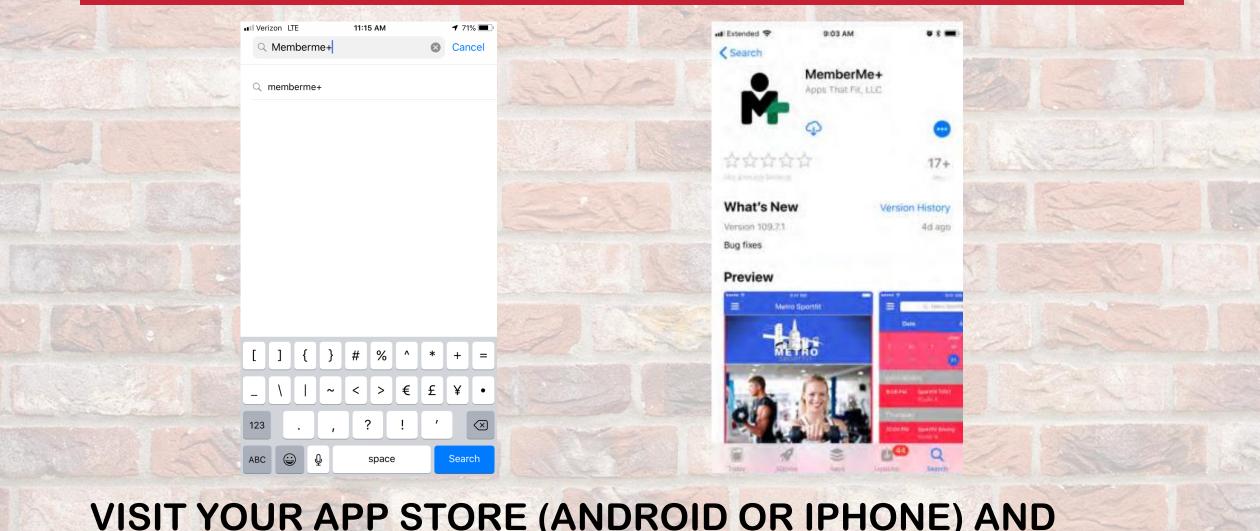




MEMBERME+ APP

Questions? Contact us! 608-785-9443 or wellnesscenter@westerntc.edu



VISIT YOUR APP STORE (ANDROID OR IPHONE) AND SEARCH FOR APP, THEN DOWNLOAD.



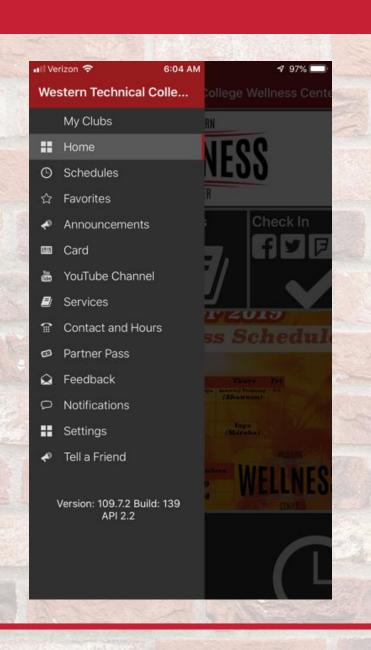


ALLOW LOCATION SERVICES

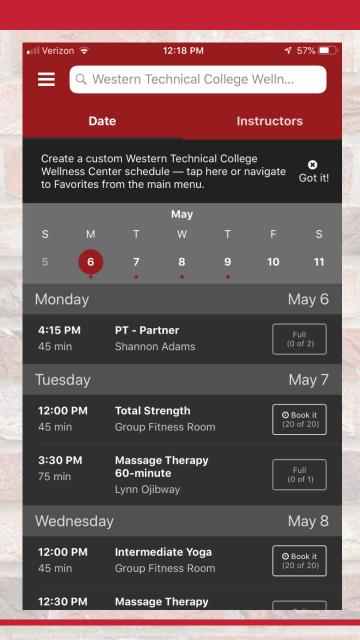
This will allow the app to find our facility based on its location. Click the Western Wellness Center

ALLOW NOTIFICATIONS

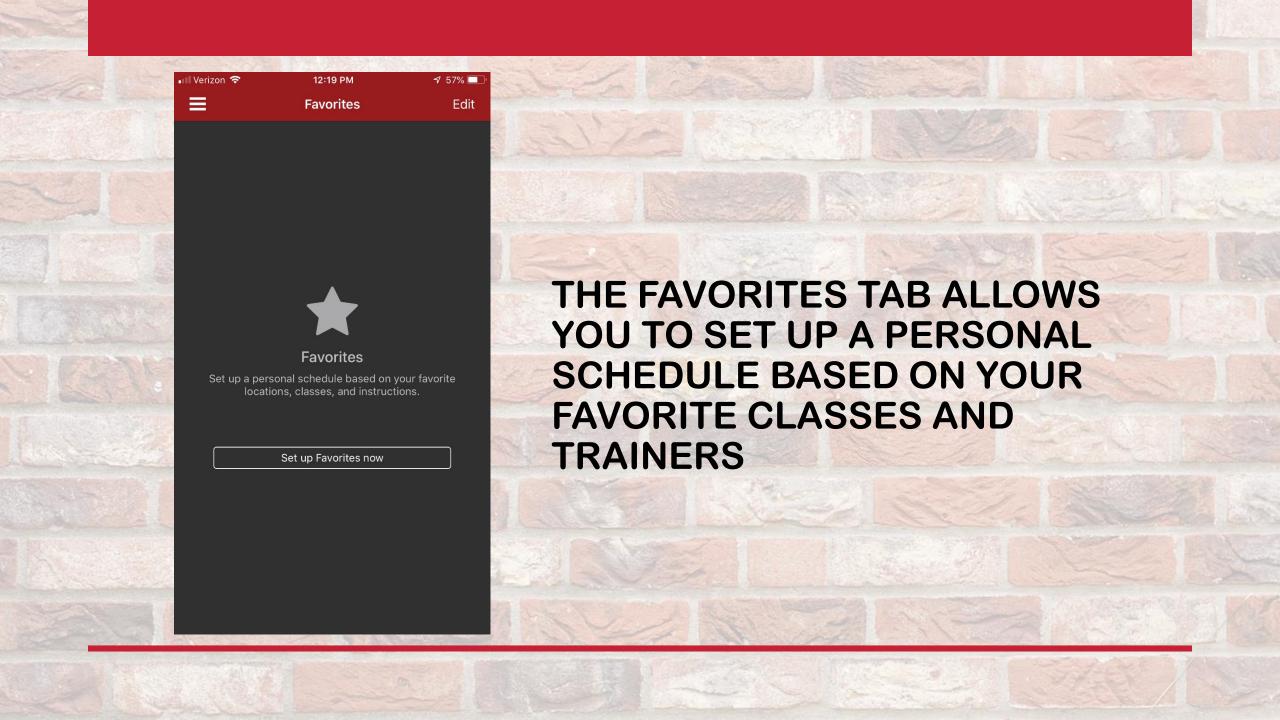
This will keep you up-to-date on announcements, cancellations and facility changes. Notifications can be refigured in your settings later if you no longer with to receive them.

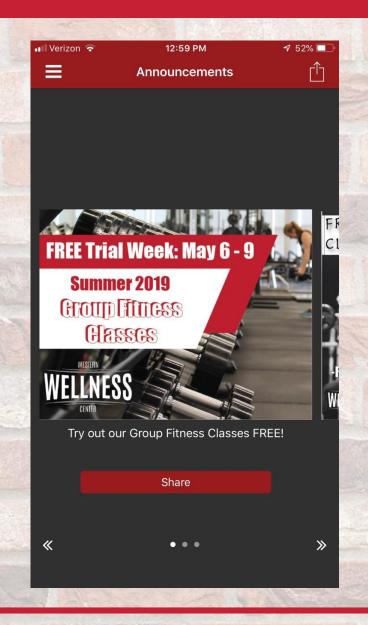


CLICK THE ICON IN THE TOP LEFT CORNER TO ACCESS THE MENU.



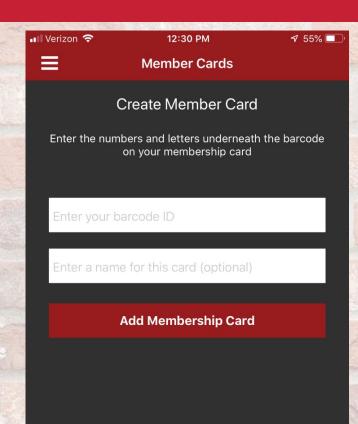
THE SCHEDULES TAB ALLOWS YOU TO FIND AND REGISTER FOR A CURRENT GROUP FITNESS CLASS OR VIEW OPEN PERSONAL TRAINING, MASSAGE THERAPY, AND **NUTRITION COACHING** SESSIONS.





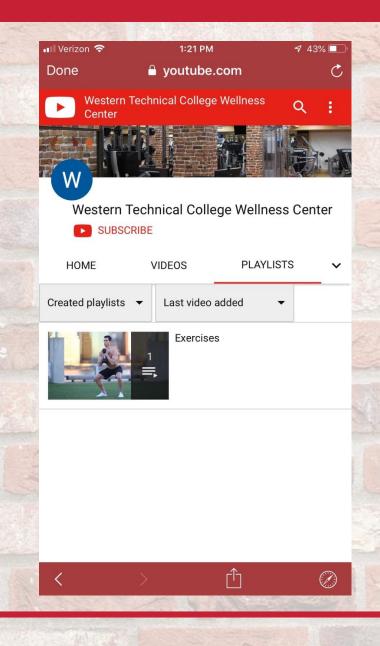
ANNOUNCEMENTS: COVERS CURRENT PROMOTIONS, NEWS, EVENTS, AND FACILITY CHANGES

SHARE ANNOUNCEMENTS WITH YOUR FRIENDS AND FAMILY



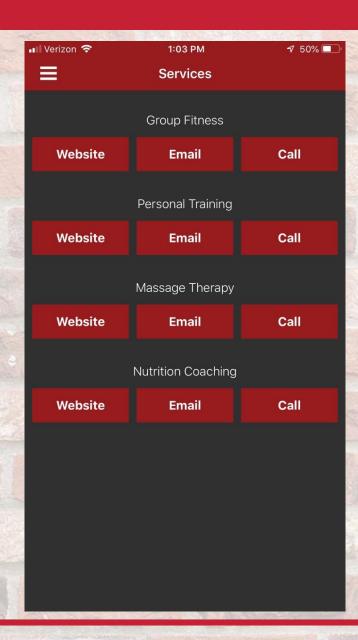
LOST OR FORGOTTEN
CARD? ENTER YOUR SCAN
CARD INFORMATION TO
ENABLE YOUR APP TO SIGN
YOU IN AT THE ENTRANCE.

NOT SURE WHAT YOUR CARD NUMBER IS? JUST ASK!



VIEW VIDEOS MADE OR PROMOTED BY THE WESTERN WELLNESS CENTER ON OUR YOUTUBE PAGE.

- LEARN EXERCISES
- NUTRITION INFORMATION
- STRESS MANAGEMENT SUPPORTS



THE SERVICES AREA
PROVIDES INFORMATION ON
ALL OF THE OFFERINGS AT
THE WESTERN WELLNESS
CENTER

EACH BOX PROVIDES A LINK TO FURTHER INFORMATION OR LETS YOU CONTACT THE NECESSARY PEOPLE

